

Markham Family Health Team
Care for A Lifetime



The Markham Family Health Team's Aging at Home program is designed for patients who are 65 years of age and older and registered to one of our Family Health Team physicians. This program involves a comprehensive Geriatric Assessment with a focus on aligning with patients and caregivers' goals of care.

A referral to the program can be made through the patient's primary care provider including a nurse practitioner, a family member, caregiver, or by the patient himself/herself.

The Aging at Home Program provides:

- **An initial assessment by telephone completed by a clinician on the team.**
- **An in-home assessment by the program's Nurse Practitioner, Clinical Pharmacist, and the Occupational Therapist. This can also be done in the office.**
- **As needed, a Geriatrician consultation regarding diagnosis or ongoing management or further investigation based on the team's initial assessments.**

The program team can coordinate referrals to specialists, initiate in-home support services through community partners, provide resources to family members and offer family conferences where the patient/caregiver/family are invited to meet with the AAH team-to discuss future planning needs.

Patients of the program may also access Markham Family Health Team Dietitians, Social Workers, Chiropodist and other group programs.

It should be noted that this program is available at any time should you choose to access it or if your needs or the needs of family members change. Please feel free to contact the program directly at 905 471 9999.