

Advance Care Planning Workshop

Advance Care Planning is a process of reflection and communication. It is a time for you to reflect on your values and wishes, and to let people know what kind of health and personal care you would want in the future if you were unable to speak for yourself.

It means having discussions with family and friends, especially your Substitute Decision Maker - the person who will speak for you if you cannot speak for yourself. It may also include writing down your wishes, and talking with healthcare providers and financial or legal professionals.

Join us on Thursday June 21, 2018 for an informative, interactive workshop on Advance Care Planning.

Where: Markham Public Library, Village Branch, 6031 Highway 7 Markham (Hwy 7 & Markham Rd)

When: Thursday June 21st 2:00pm- 3:00pm

Spots are limited, please register by emailing rebecca.robinson@markhamfht.com or call (905) 471-9999 extension 456.



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