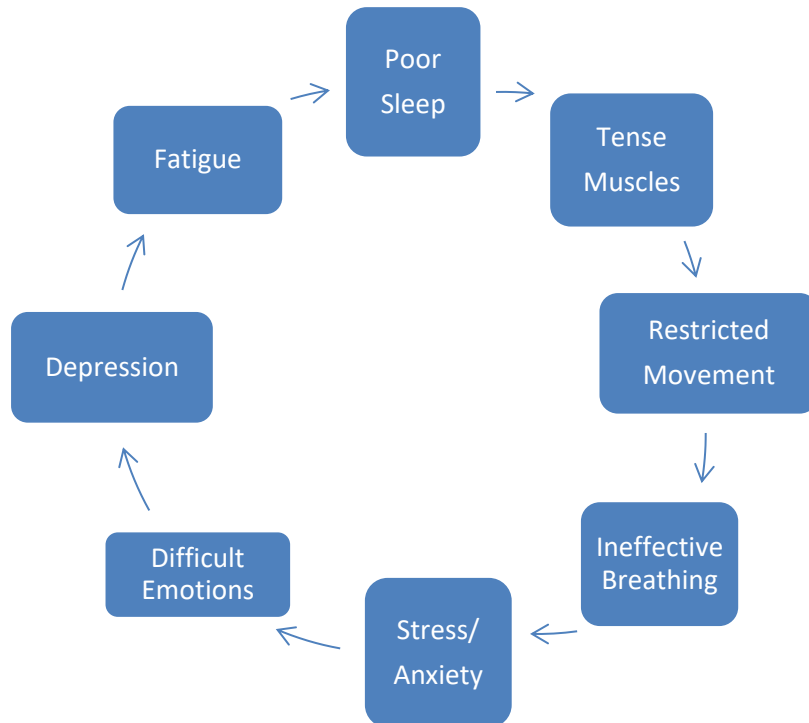


CHRONIC PAIN SELF-MANAGEMENT PROGRAM

A 6 week evidence based program to learn strategies
To break the
Chronic Pain Symptom Cycle



*** **UPCOMING WORKSHOP** ***

WHEN: Wednesdays – March 14th to April 18th 2018 from 6 PM – 8:30 PM

WHERE: Markham Family Health Team (Waiting Area)

** 122 Cornell Park Avenue, Unit # 1, Markham, ON L6B 1B6

If you are interested in attending this program, please contact:
Jasdeep Chahal OT Reg. (Ont.) 905-471-9999 ext. 309